



THE MAGIC OF ROTARY

E-SUHRITH



15th October 2024 VOL: 17 ISSUE: 07

E-SUHRITH

Wishes a Happy Deepavali to all its Readers



Dear Rotarians,

After celebrating Navratri, we are heading towards Deepavali, the festival of lights. I would like to bring your attention to some of the District projects, namely on health aspects of Rotarians and the society. Out of 9 District projects, 5 are on Health aspects.

District Level online awareness program on 'Reducing the Burden of Dementia by Rotary Interventions' is scheduled on 15th September. I request all the members to attend the same.

On the aspect of Positive health, the project is 'Ek chamach Kam chaar kadam aage' is the theme and focus is on health awareness, diabetes screening. We shall have one such program in the near future.



Sandeep Rao I.
President

The Header

We celebrate the Birthday of....

Rtn. Harish Kumar on 16th

Annet Anurag, S/o Rtn. Dr. Balakrishna Acharya on 23rd and

Annet Pawan, S/o Rtn. Shashidhar Tantri on 29th of October

And The Wedding anniversary of....

Rtn. Vidyalakshmi and Rtn. Dr. Aravind Bhat on 26th and

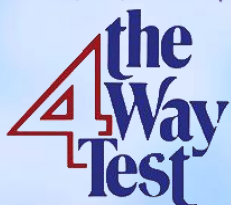
Ann Chandrika and Rtn. Chandahas Shibaroor on 29th October



Celebrations

E-SUHRITH

Conveys our Special Greetings to them on these special occasions.



Of the things we think, say or do

1. Is it the truth ?
2. Is it fair to all concerned ?
3. Will it build goodwill and better friendships ?
4. Will it be beneficial to all concerned ?

the fortnight that was

01/10/2024: Weekly Business Meeting was conducted. In this meeting Rtn. Mahesh gave talk on his classification along with some interesting inputs regarding banking sector.

02/10/2024: All Rotaract clubs in the District 3181 Conducted "Coast to Coast – 3.0" Beach cleaning programme at 7AM on the occasion of Gandhi Jayanthi. Rotary club of Surathkal and Innerwheel Club of Surathkal also joined them. It was an opportunity for all Rotarians to participate in the 'Swatch Bharath Andolan' Started by our prime minister, Rotaractors from Aloysius Collage, Govinda Dasa College, Srinivas College, NITK were part of this event.



On the same day DG Rtn Vikram Datta gave his official visit to the Rotary Club of Panambur. Our President Rtn Sandeep Rao Iddya and Zonal Lieutenant Rtn Chandrakanth Marathe had attended the public function in the evening.

On the Other side of the World, Rtn Ramachandra Kunder who is visiting his family in USA got an opportunity to Exchange Club Flags with Rotary Club of Cumming, Atlanta, Georgia -U S A



Further on 02.10.2024 Rotaract Club of Govinda Dasa College Surathkal organized "KalaChiguru" A resourceful programme on Theatre Arts at Dakshina Kannada Zilla panchayath Higher Primary School Chithrapura. Rtn Prof. Krishna-moorthy was on the guest who inspired the Children with his motivational remarks.



Children with his motivational remarks.



03/10/2024: The Inauguration of MCF – Nagarika Salaha Samithi Samskrithika Vedike, below the fly over at Surathkal was inaugurated. Chief Guest for the Event was Sri Nama Nishtadas (President – ISKCON – Kulai), Rtn. S Girish (CMO – MCF), DG Rtn Vikramdatta, Sri JD Veerappa (Hon. President Nagarika Salaha Samithi Surathkal) and Rtn Dr. Rajamohan (President - Nagarika Salaha Samithi Surathkal). Most of our Rotarians were present for this celebration.



Rotarians were present for this celebration.

After The Inauguration – "Ini Dani Savigaana" – programme was conducted. This was Sponsored by Rotary Club of Surathkal



06/10/2024: Udayaraaga 56 programme was conducted under the Flyover Span which was inaugurated on 3rd October. Post completion of this programme the Badminton Court was inaugurated by Rtn Dr. Aravind Bhat and Rtn Chandrakanth Marathe. Many of our Rotarians were present for this Occasion.



Rtn. Nitheshkumar.

Secretary

October Message from RI President Rtn. Stephanie A. Urchick:

With World Polio Day on 24 October, I'm proudly rooting for Rotary as we team up around the world to End Polio Now.

I had the honor of attending a Strike Out Polio event in July at PNC Park, home of the Pittsburgh Pirates MLB team. The Rotary Club of Delmont-Salem hosted the event, which raised \$1.3 million for Polio-Plus.

Later in the summer, I joined members of our Rotary family in supporting the Más Millas Menos Polio (More Miles Less Polio) bike ride. Felipe Meza Chávez and his team rode all the way from Ciudad Juárez, Mexico, to One Rotary Center in Evanston, Illinois, to raise money and awareness. The ride took 12 days, and Felipe and his team collected more than \$100,000 to support the fight against polio. It was a joy to greet them as they arrived in Evanston.

And I was thrilled to see Team End Polio raise global awareness around the 2024 Paris Olympics. This world-class roster of athletes, global leaders, and polio eradication supporters came together to advocate for a world where no child has to live in fear of being paralyzed by polio. Some of the athletes on Team End Polio are polio survivors themselves, adding weight to their advocacy.

These are just a few examples of the many ways Rotary has teamed up recently to End Polio Now. It is vital that we continue to seek out and recruit teammates in polio eradication, especially after the challenges our eradication efforts have faced this year.

The Rotary world was heartbroken to learn about the tragic passing in August of Aidan O'Leary, director for polio eradication at the World Health Organization.

I knew Aidan and worked with him directly. He was a tireless advocate in the fight against polio and a kind, genuine man. We will remember him both for his advocacy and his warmth.

But where there is hardship, there is also hope. I feel hopeful whenever I consider the countless ways Rotary supports the fight every day to eradicate polio.

As people of action, we don't have the luxury of giving in to despair, even in the face of tragedy. The best way to honor Aidan's memory is by teaming up and reaching our goal to End Polio Now.

We made a promise to the children of the world and their families. It is incumbent upon us, together with our global partners, to end this threat once and for all.

There are so many ways we can team up to eradicate polio. You can donate to the End Polio Now campaign, join or initiate a PolioPlus Society in your club or district, or take inspiration from the fundraisers I mentioned above.

I encourage Rotary members around the world to continue to seek out new teammates, so that together, we end polio



Coast-to-Coast Beach Cleaning Drive: A Unified Effort for a Cleaner Future

In a superb show of harmony and dedication to environmental conservation, a Coast-to-Coast Beach Cleaning Drive became effectively organized, bringing collectively numerous outstanding corporations from the community, along with NSS (National Service Scheme), NCC (National Cadet Corps), and Rotaract golf equipment from throughout the region. The occasion witnessed lively participation from:

- Rotaract NITK**
- Interact NITK**
- Rotaract Srinivas**
- Innerwheel Surathkal**
- Nagarika Salah Samithi, Surathkal & Hosabettu**
- Rotary Surathkal**

And enthusiastic citizens from the local community.

Held on 02nd October, 2024, this collaborative initiative geared toward tackling the developing risk of marine pollution, with volunteers committed to cleansing up the seashore lines and spreading recognition of approximately sustainable practices. The individuals engaged in a coordinated cleanup operation alongside the stunning seashores of Surathkal, making sure that no region became left untouched with the aid of their tireless efforts.

The occasion noticed masses of volunteers come together, choosing up plastic waste, debris, and different non-biodegradable substances that mar the splendor of the coastal areas. Their shared aim became to create cleaner, healthier, and greater sustainable seashore environments, now no longer best for the prevailing however for generations to come.

The Role of the NSS & NCC

The NSS and NCC devices performed a pivotal role, supplying enthusiastic guide and management at some stage in the event. Their disciplined technique ensured that the power became prepared efficiently, with well-coordinated groups masking large regions and optimizing the cleanup process.

Rotaract's Commitment to Social Service

Rotaract clubs, which includes the ones from NITK and Srinivasa institutions, actively mobilized college students and younger adults, encouraging them to provide again to their communities. Rotaract contributors contributed now no longer simply via bodily efforts, however additionally via means of teaching the general public approximately the long-time period blessings of retaining smooth seashores and lowering plastic use.

Innerwheel and Rotary Surathkal's Support

The lively involvement of the Innerwheel and Rotary Surathkal individuals introduced a layer of management and mentorship, with their skilled individuals assisting to manual and encourage more youthful volunteers. Their tasks for network carriers have continually targeted the environment, and their presence on the occasion reaffirmed their dedication to social and ecological causes. Immensely thankful to their economic aid for the occasion which introduced a lots of aid.

Nagarika Salah Samithi's Role

The Nagarika Salah Samithi from Surathkal and Hosabettu lent their priceless guide through organizing network engagement sports and facilitating the clean execution of the occasion. Their paintings in fostering network spirit become obvious as they collaborated with distinct groups to make certain that the occasion became a success. A unique point out for catering the

group through serving the breakfast to the participants

A Collective Effort for a Cleaner Future

The seashore cleansing power now no longer handiest targeted on cleansing up the seashores however additionally sought to elevate cognizance approximately the risks of marine pollutants. The individuals engaged in discussions on decreasing plastic waste, the significance of recycling, and defensive marine lifestyles from pollutants. The occasion highlighted how collective efforts could make an enduring distinction and beef up the strength of community-pushed initiatives.

The power concluded with a quick consultation wherein leaders from every collaborating institution shared their mind and destiny dreams concerning environmental conservation. As the occasion got here to a close, it has become glaring that with persevered collaboration and cognizance, the war towards marine pollutants is one which the local people are prepared to combat together.

Looking Ahead

With one of these a success initiative, the agencies expressed their dedication to conserving comparable activities withinside the future. The desire is that those seashore cleansing drives will be retained to encourage extra residents and agencies to sign up for the cause, developing cleanser seashores and an extra sustainable environment for all.

In conclusion, the Coast-to-Coast Beach Cleaning Drive became a testimony to the energy of collaboration throughout organizations, and a reminder that once groups unite for a cause, they are able to result in enormous fantastic change.



Rtr. Sanjay R.

DRR

RID 3181



Friends,

Well here are the answers for all the quizzes:

Rotry quiz 2— Our District ; In the year 2016. In 2016 the then existing District 3180 was divided into 3181, (comprising of revenue districts Dakshina Kannda, Kodagu, Mysore and Chamaraaj Nagara) and 3182

Logic Puzzle: The answer is 'D'. The number of black dots in each grid increases by 1 each time, starting with the top left grid and working to the right, top row then bottom row.

Sudoku

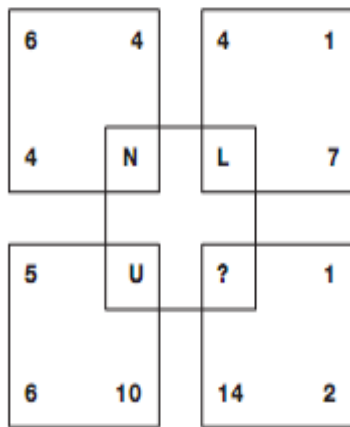
3	5	8	1	4	9	7	6	2
9	2	4	7	6	5	1	3	8
1	6	7	2	3	8	4	5	9
7	3	2	9	1	6	8	4	5
5	8	1	4	2	3	6	9	7
4	9	6	5	8	7	2	1	3
6	4	3	8	5	2	9	7	1
2	7	5	6	9	1	3	8	4
8	1	9	3	7	4	5	2	6

Rotry quiz 3— Our District

Who was the last Governor of Rotary District 3180 and what was his period?

You can choose from: 1. Rtn. A. S. N. Hebbar 2. Rtn. Dr. Bharathesh, 3. Rtn. Dr. Bhaskar

Which letter replaces the question mark?



Logic Puz-

Sudoku

							2	5
	2					4		
		6	1					
						9	4	
6								7
		8	5	9				1
3	5		9					
7			4		3	8	1	6

Take it lightly _____

A doctor, lawyer, and a Rotarian in charge of fundraising all die and arrive at the Pearly Gates about the same time. St. Peter tells them they may each have one thing to take with them to Heaven.

The doctor is first, and asks for \$1 million. This is given and proceeds to enter Heaven. The lawyer, not to be outdone, asks for \$2 million. "Very well," say St. Peter and opens the gate to Heaven for the lawyer.

Finally it is time for the Rotarian, who had just finished a fundraising project for The Rotary Foundation. St. Peter asks him what he would like to take to Heaven. The fundraiser moves up very close to St. Peter, and in a soft voice asks, "It it's not too much trouble, could I just have the names of those two people who were ahead of me in line?"



ROTARY CLUB OF MANGALORE NORTH
ZONE 2, RI DISTRICT 3181
 Cordially invites you to the

District Level Online Awareness Programme on

"Reducing the burden of Dementia by Rotary Interventions"
 through zoom meeting in connection with
 Alzheimer's month and World Alzheimer's day (21 Sep)

Theme for the year:
Time to act on Dementia-Time to act on Alzheimer's

Inauguration by
 MPHF Rtn Vikramdatta
 District Governor, RI District 3181

Resource Person
 Rtn Dr Prabha Adhikari, MD, PGDGM
 Professor & HOD Geriatric Medicine, Yenepoya Medical College
 (15 years experience in Dementia Care and Research)

Moderators
 Dr Radha Murthy, CEO Dementia India Alliance, Bangalore
 Dr Faheem Arshad, Asst Professor of Neurology, NIMHANS, Bangalore

Date: 15.10.2024
 Time: 7.00pm to 8.00pm
 Zoom Meeting ID: 882 3232 4955 Password: 2024

MPHF Rtn Krishna Shetty K
 PDC, Chief Advisor & Mento
 RID 3181

Major Donor Rtn Dr Shivaprasad K
 Dist Secretary-Learning Facilitator
 RID 3181

MPHF Rtn Vishwanath M Shetty
 Asst Governor, Zone 2 RID 3181

Rtn Mohan C Nair
 President

PHF Rtn Sudarshan Nayak
 Secretary

Have some Fun ...

Welcome to the family....

Rtn. Praveen Kalluraya P.

Rtn. Praveen Kalluraya though inducted in the beginning of this Rotary year during the Induction of new officebearers. That is on 29th June, he has already become a hero in the club with his 'zonal and District championship in TT. Here is his brief introduction as given by him.

Name: P Praveen Kalluraya

Date of Birth: 1st September

Place of Birth: Ponnampet Madikeri

Mother : B K Sharada (Rtd. Headmistress)

Father : Late P Keshava Kalluraya (RTD Lecturer)

Education: MBA at MITE MOODBIDRI year 2015

Career Highlights:

Worked in Kotak Mahindra Bank for 1 year

Worked in Corporation Bank, that is current Union Bank as a banca channel in insurance department for 3 year's.

Achievements and Awards:

Represented all India south table tennis tournament twice

Won twice University level table tennis tournament

Professional Affiliations:

Started own business after COVID

The Color House dealer in glassware products, ceramic products, pottery items and crockery (2021)

Grihapaaka ® it's a home production of spices and masala items started in the year 2022

Contact Information: 9535676139

ppraveenkalluraya@gmail.com



...Rotary Basics...

AVENUES OF SERVICE IN ROTARY

We channel our commitment to service at home and abroad through five Avenues of Service, which are the foundation of club activity.

Club service works to strengthen fellowship of members through training and hospitality. Clubs have serious topics to work toward, so having various social events that bring members and their guests informally and for fun, contributes to genuine fellowship.

Vocational Service encourages members to serve other people through their vocations, education, skillsets, which encourages high ethical standards. October is Vocation Service Month when the many club service projects are celebrated.

Community Service is exactly what the name implies — projects and activities each club undertakes to improve community life. There are many projects in the Santa Ynez Valley in which all four Rotary Club volunteers have been involved: Sunny Fields Park, Senior Centers, scholarships, and more.

International Service volunteers work to expand the Rotarians' humanitarian work around the world. This important service promotes understanding and peace, sponsors projects in other countries and works with international partners to support projects in their communities.

New Generations Service works to engage youths and young adults in leadership roles. Rotary Youth Leadership Awards (RYLA) is a training program for young people, ages 14 to 30. The award emphasizes leadership and citizenship. Rotaract is an International Youth Program is for ages 18 to 30 while Interact focuses on international service for youths 12 to 18.

Editorial Team: Sachi (9845871761) & Yashomathi (9844642696)

We meet every TUESDAY @ VIRAT Complex, near GD P U College, Surathkal @ 07. 30 pm